



Sweet Sleep™

FAMILY EXPERIENCE SUPPLY LIST

Day 1

- White cotton pillowcase
- Colorful permanent markers
- Alternate Craft: Construction paper, stickers, markers

Day 2

- Towel
- Any toy
- Piece of paper
- Blanket
- Bible
- Bed Sheet

Day 3

- 2 Cups dried beans
- 2 Cups white rice
- 1 Onion
- Pinch of flour
- Vegetable oil
- 1 Tomato
- 1 Carrot
- 2 Cloves of garlic
- Any choice of seasonings at home (salt, cinnamon, or curry powder)